







"Communication is the lifeline of relationships, it fosters understanding, strengthens bonds and creates a safe space for love to flourish."

*Dear God,*

*Help us to understand that communication is not just about talking, but also about actively listening and truly hearing what others have to say. Please give us patience and empathy, even when we disagree or struggle to understand.*

*Lord, help us to communicate with kindness, compassion and respect, even in difficult situations. Please give us the strength to speak up for ourselves and for others and may we be mindful of the impact our words and actions have on others. May our communication be a source of healing, understanding and peace.*

*Finally, we pray that we may communicate with You, God, and deepen our relationship with You through prayer and reflection. Help us to trust in Your guidance and to always seek Your will in our lives.*

### Mass schedules

Little Flower: Saturday 6.00pm  
Sunday 8.00am  
Tuesday 5.00pm  
Thursday 9.15am

St Peter's: Saturday 6.00pm  
Sunday 10.00am & 5.00pm  
Wednesday 9.30am

St Columban's College Chapel: Friday 7.45am  
*Outside school terms, Mass will be at St Peter's*

St Mary's: Sunday 8.00am  
Monday 9.30am

St Michael's: Sunday 10.00am  
Thursday 5.30pm

### Sacrament of Reconciliation

Individual: 5.00pm Little Flower & St Peter's every Saturday night. Outside of these times please contact the Parish Office.